

WHAT IS THE SUMMER FOOD PROGRAM?



This program makes sure that children in many parts of the state have free, healthy meals over most of their summer vacations.

Lunches (and sometimes breakfasts) may be served at a park, school, church and other places near your home.

**“FOOD THAT’S IN WHEN
SCHOOL IS OUT!”**

**INTERESTED IN
FINDING A SITE IN YOUR
AREA? CALL THE IDAHO
CARELINE NUMBER BELOW.**

Simplified Summer Food
Program (SSFP)



**“FOOD THAT’S IN WHEN
SCHOOL IS OUT!”**



USDA is an equal opportunity provider and employer



Idaho State Department
of Education
Child Nutrition Programs
Phone: (208)332-6820
Fax: (208)334-2228
www.sde.idaho.gov/site/cnp

SIMPLIFIED SUMMER FOOD PROGRAM



WHERE CHILDREN FIND FOOD,
FUN AND FRIENDS



Simplified Summer Food Program

Facts About Summer Food

- It's easy
- Open to all children and teens 18 and under
- Your child can get free, healthy meals 5 days a week in most areas
- You can save money on food bills all summer long
- You can still get help from WIC, Food Stamps, or other programs

Everyone Wins With Summer Food!

Children

Parents

Food Service Workers

Organizations

Communities



Will I have to fill out lots of forms?

No! Just find the nearest “open” site and bring your child or children there. Remember - you don’t have to show proof of income or any other ID to get the free meals for your kids.

How can I find out if my town has places that serve Summer Food?

Call the Child Nutrition Office at the State Department of Education, at (208) 332-6820.

The Idaho CareLine can give you information too. Call them at 211.



Meals meet the Food Guide Pyramid requirements

Breakfast

1 cup of milk
1/2 cup vegetable(s) and/or fruit(s)
1 serving bread
Meat/Meat Alternate (optional)

Lunch or Supper

1 cup of milk
3/4 cup vegetable(s) and/or fruit(s)
1 serving bread
2 oz. Meat/Meat Alternate



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